

# 8th Annual **DePaul Sports** Medicine **Symposium**



**Cutting Edge** Treatments and **Technologies** 

## Friday, July 28, 2017 DePaul University -Lincoln Park

1110 W Belden Avenue Chicago, IL

**Target Audience:** P.T., PTA, A.T.

**Instructional Level:** Advanced

### **Co-Sponsored by:**



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## **Meet the presenters**



Kevin Wilk, P.T., DPT, FAPTA Associate Clinical Director Champion Sports Medicine (a division of Select Medical) csmbirmingham.com





Adam Yanke, M.D. Sports Medicine, Knee, Shoulder, Elbow Cartilage Restoration Orthopaedic Surgeon Rush University Medical Center/ Midwest Orthopaedics at Rush rushortho.com/adam\_yanke.cfm





Julia R. Bruene, M.D. Sports Medicine Rush University Medical Center/ Midwest Orthopaedics at Rush rushortho.com/julia\_bruene.cfm





Brett Painter, P.T., DPT, COMT Team Physical Therapist NovaCare Rehabilitation - DePaul novacare.com

Kathleen Weber, M.D., M.S.

Rush University Medical Center/

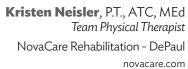
rushortho.com/kathleen\_weber.cfm

Midwest Orthopaedics at Rush

and Women's Sports Medicine

Director of Primary Care/Sports Medicine













Reade Whitney, M.S., ATC Assistant Athletic Trainer Chicago Fire Soccer Club/ NovaCare Rehabilitation chicago-fire.com





## 8th Annual DePaul Sports Medicine Symposium

**CUTTING EDGE TREATMENTS AND TECHNOLOGIES** 

Friday, July 28, 2017

Registration 11:00 a.m.

Boxed lunch pick-up and registration

Introduction 11:55 a.m.

> Noreen Karadsheh Vlamakis, MEd, ATC, and D. Michael Kelly, P.T., COMT

All participants will be split into two teams on day of event. All will attend each breakout session.

**Biologic Improvements and** 

**Treatments for the Knee** 

Adam Yanke

12:40 p.m. Sports Medicine Case Studies:

**Interactive Problem Solving** 

Kathleen Weber

**BREAKOUT SESSIONS -**1:10 p.m.

> **Team Blue - The Overhead Athlete: New Advancements**

Kevin Wilk

**Team Demon - Integrating Neuroplasticity Concepts for** 

**Return to Sport** 

Kristen Neisler and Brett Painter

1:55 p.m.

**BREAKOUT SESSIONS -**

**Team Blue - Rehabilitation Following Rotator Cuff Surgery** and Non-Operative Rotator Cuff

**Pathologies** Kevin Wilk

**Team Demon - Utilizing Blood Flow Restriction for Performance** and Rehabilitation

Reade Whitney

**Team Demon - Laser Treatment** as an Effective Modality in the **Sports Medicine Setting** 

Mark Callanen

2:40 p.m. **Break** 

"Pardon the Interruption" 3:00 p.m.

> Kevin Wilk, Brian Cole, Julia Bruene, Terry Nicola Moderator - Kathleen Weber

**BREAKOUT SESSIONS -**3:50 p.m.

**Team Demon - The Overhead Athlete: New Advancements** 

Kevin Wilk

**Team Blue - Utilizing Blood Flow Restriction for Performance and** Rehabilitation

Reade Whitney

**Team Blue - Laser Treatment as** an Effective Modality in the Sports **Medicine Setting** 

Mark Callanen

**BREAKOUT SESSIONS -**4:35 p.m.

> **Team Demon - Rehabilitation Following Rotator Cuff Surgery** and Non-Operative Rotator Cuff **Pathologies**

Kevin Wilk

**Team Blue - Integrating Neuroplasticity Concepts for Return to Sport** 

Kristen Neisler and Brett Painter

**Closing Remarks** 5:20 p.m.

This Symposium is approved for 5.0 CEUs for physical therapists and athletic trainers. Select Medical is a licensed continuing education sponsor for the State of Illinois. This course meets continuing education requirements set by the Indiana, Michigan and Wisconsin Board of Physical Therapy. Select Medical is recognized by the Board of Certification, Inc., to offer continuing education for certified athletic trainers. This course has been approved for 5 hours of Category A education. No refunds will be processed after 7/1/17. All proceeds will benefit DePaul University.

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### **Course Location:**

**DePaul University-Lincoln Park Campus McGowan South Science Building** 1110 W. Belden Avenue, Room 108

Chicago, IL 60622

Parking available in the parking garage located at 2330 N. Clifton. Discount rates are available.

If you have questions, please contact the course coordinator at

NovaCare-CE@selectmedical.com.





### **8th Annual DePaul Sports Medicine Symposium**

Cutting Edge Treatments and **Technologies** 

Name:
Please Check: □ P.T. □ PTA □ A.T. □ Student
Address:
City: State: Zip:
Phone: Personal:
Work:
Employer:
Email:(Please provide email to receive confirmation)

#### Cost:

Early Registration \$109 if registered by 6/30/17 Registration \$129 on or after 7/1/17

Students (P.T., PTA, A.T.) \$65 if registered by 6/30/17,

\$79 on or after 7/1/17

Includes boxed lunch, registration fee, and course material. Course fee must accompany registration form.

#### Register online today at:

www.2017depaulsportsmedicinesymposium.eventbrite.com Online registration closes on 7/26/17

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Or by mail: ☐ Check: Payable to NovaCare Rehabilitation
☐ Credit Card: ☐ Visa ☐ Mastercard ☐ Amex
Credit Card #
Security Code: Exp. Date:

#### Mail registration to:

NovaCare Rehabilitation Course Coordinator 1002 W. Diversey Parkway Chicago, IL 60614

